

## EVERYDAY TRANSCENDENCE: TOWARDS WISDOM

Spring 2023

Instructor: Heesoon Bai

LS 819 – Thursdays 6:30 – 9:20 pm

Living well, suffering well, and dying well have always been the purview of philosophies, East and West (especially pre-modern/indigenous). To this end of human flourishing, all of human faculties, capacities, and dimensions that constitute a whole human being can be cultivated, which we will signify as love of wisdom. Our course is practice-oriented: we will read and write, listen and speak, as usual, but our focus is cultivating wisdom through these and other activities. Assignments and class activities are constructed as learning of wisdom exercises.

### Reading materials:

Reading materials, selected from inter- and transdisciplinary sources, will be supplied by the instructor as PDFs and Word doc's: nothing needs to be purchased. As well, students are invited to bring in and share their own reading materials. However, here are two books (in PDF) that I recommend that students have on hand.

*Philosophy as a Way of Life* (Pierre Hadot):

<https://ascetology.files.wordpress.com/2016/09/pierre-hadot-philosophy-as-a-way-of-life-spiritual-exercises-from-socrates-to-foucault-1.pdf>

*DAO DE JING: "MAKING THIS LIFE SIGNIFICANT" A PHILOSOPHICAL TRANSLATION* (Roger T. Ames and David L. Hall)

<https://terebess.hu/english/tao/am.pdf>

### Assignments:

Wisdom Journal (40%)

i-Change project (40%)

We-witness (20%)

Details to follow in the first class.